



Rodd  
*Spa*  
BOUTIQUES

**AVEDA**

the art and science of pure flower and plant essences

connecting beauty,  
environment and well-being.

2018

*Relax and unwind at Rodd Spa Boutique and enhance your sense of well-being. Tucked away from the busy world we invite you to catch your breath and find your balance again. Our goal is to ensure you completely enjoy your time with us.*

*Our professional spa services are delivered using the Aveda product line and include aromatic massage, body wraps and polishes, facials, hand & foot care, make-up applications and much more. We are pleased to offer personalized treatment and customized care just for you.*

Rodd  
**Crowbush**

Golf & Beach Resort

---

RODD HOTELS & RESORTS

Located on the  
Lower Level of the Main Resort

Spa Director: (902) 961-5600  
Hotel Guests Dial 606

Rodd  
**Brudenell River**

RODD HOTELS & RESORTS

Located on the  
Lower Level of the Main Resort

Spa Director: (902) 652-2332  
Hotel Guests Dial 149

[www.roddvacations.com/spa](http://www.roddvacations.com/spa)

## Massage

### **Relaxation Massage**

Relaxation techniques with customized essential oils to reduce stress, increase circulation and leave you with a feeling of complete wellness.

*Relaxation Massage is offered in two time frames and includes a sensory journey:*

*60 minutes – \$75      90 minutes – \$95*

**\*With Hot Stones**

*60 minutes – \$85      90 minutes – \$110*

### **Stress Fix**

Our Stress Fix body massage – clinically proven to reduce feelings of stress. Combines the power of Swedish and deep tissue massage, acupressure, foot reflexology and our new stress fix aroma which is infused with organic French lavender, lavender and clary sage.

*60 minutes – \$85      90 minutes – \$110*

### **Therapeutic Massage**

This method of hands on therapy is performed by a Registered Massage Therapist and incorporates many therapeutic techniques such as manipulating muscle tissue, connective tissue and joint articulation.

*Therapeutic Massage is offered in two time frames:*

*60 minutes – \$90*

*90 minutes – \$115*

*By appointment only.*

*Available at Rodd Crowbush location only.*

*Receipts will be provided.*

### **Aveda Indian Head Massage – \$30**

*30 Minutes* – The Aveda Indian Head Massage is a sequence of energy balancing techniques and massage strokes that will energize your mind and allow the tension to slip away.

# Full Body Care

## **Rodd Signature**

### **Chocolate Body Wrap – \$90**

*75 minutes* – The guilt free way to enjoy the decadence of chocolate is to experience our signature chocolate service. Using our exclusive self-heating cocoa body mask formula to revitalize you and nourish the skin as it relaxes the body. A luxurious body brushing is followed by the fondue application. The body is then wrapped in a soft warm blanket to enhance the total effect. We finish with a skin softening application of cocoa butter body moisturizer for superb results. Smells so good your may want to eat it.

## **Rosemary Mint Awakening**

### **Body Wrap – \$85**

*60 minutes* – Renew body and mind with this cool, stimulating and nurturing dry wrap. Your body is exfoliated, smoothed, softened and wrapped. Essences of rosemary and peppermint will awaken your senses while a scalp and foot massage balance your whole body.

## **Aveda Aroma Wrap – \$90**

*75 minutes* – Dry Room is a seaweed body wrap treatment customized with Aveda body care products and aromas. The treatment includes a dry exfoliation, seaweed masque (applied to the back), scalp and face massage and foot reflexology techniques.



# Skin Care

## **Tulasāra Facial Treatments**

Dry, oily, aging, uneven, sensitive and acneic skin conditions and eye concerns can all be addressed with a customized Tulasāra facial treatment. After a thorough consultation, your skin therapist will provide the best combination of products, personalized Aveda aromas and techniques and design a customized treatment that will move your skin toward balance and reveal its natural beauty.

*60 minutes – \$90*

*90 minutes – \$125*

## **BK Energizing Eye – \$30**

*30 Minutes* – See your eyes come alive with the vital energy of plants and massage movements inspired by ancient healing. Botanical Kinetics™ Energizing Eye Creme revitalizes eyes by helping reduce the appearance of under-eye circle and puffiness with licorice root and coffee bean extracts. Gentle activation of specific energizing pressure points helps energize the look of skin around the eyes.

# Makeup Artistry

## **Personalized Makeup Application – \$30**

Using colors and techniques that will enhance your natural beauty.

## **Bridal Cosmetics Application – \$50**

Includes a 30 minute pre-wedding consultation and Aveda cosmetics application on that special day.

**Brow Tint – \$15**

**Lash Tint – \$15**

# Hand & Foot Care

## **Spa Manicure & Pedicure**

Experience customized care for your hands and feet. Rejuvenating service includes proper maintenance and grooming of nails and cuticles, personalized massage – a necessary spa experience to bring your hands and feet back in to balance.

*45-Minute Manicure – \$40*

*60-Minute Pedicure – \$55*

## **Stress-Fix Manicure & Pedicure**

Rejuvenate stressed-out hands and feet with our Stress-Fix aroma blend of French lavender, lavandin and clary sage – proven to relieve feelings of stress. This calming experience combines the power of aroma, acupressure and reflexology.

*45-Minute Manicure – \$45*

*75-Minute Pedicure – \$65*

*Shellac is applied like a polish but cured by a UV lamp that requires zero drying time. Shellac is highly resistant to scratches and chips and lasts approximately 14 days.*

*French or Shellac Polish to any Manicure or Pedicure – \$10*

*Shellac Polish Removal – \$10*

## **Gentlemen's Manicure**

*(Hand Relieving Manicure) 45 mins. – \$30*

## **Gentlemen's Pedicure**

*(Foot Relieving Pedicure) 60 mins. – \$50*

Experience customized care for your hands and feet. Rejuvenating service includes proper maintenance and grooming of nails and cuticles, personalized massage – a necessary spa experience to bring your hands and feet back in to balance.

# Hair Removal - Waxing

Brow Shape – \$15

Bikini – \$20

Lip/Brow/Chin – \$30

Full Leg – \$60

Underarms – \$20

Half Leg – \$35

# Spa Packages

## **Resort Getaway**

**\$200**

*3 hours 15 minutes* – Includes a 60 minute Customized Facial, 60 minute Aromatic Massage and a Foot Relieving Pedicure.

## **StressFix**

**\$130**

*1 hours 45 minutes* – StressFix massage and pedicure.

Rodd  
**Crowbush**  
Golf & Beach Resort

RODD HOTELS & RESORTS

Rodd  
**Brudenell River**

RODD HOTELS & RESORTS

**AVEDA**

the art and science of pure flower and plant essences

connecting beauty,  
environment and well-being.

[www.roddvacations.com/spa](http://www.roddvacations.com/spa)

# Spa Information

## **Appointments**

Scheduling your appointment prior to arrival at Rodd Spa Boutique is strongly recommended. Reservations are subject to availability, and must be guaranteed with a credit card. Please notify our reservation department if you have high blood pressure, allergies, any physical ailments or special needs, as they may effect your choice of services. This information will be completed on your Personal Care Guide upon arrival at the Spa.

## **Treatment Timing**

All times are approximate and include a sensory journey.

## **Cancellation**

If you cannot make your appointment, please inform us as soon as possible. No charge applies within the 24 hour window. 100% charge under 24 hours of appointment time or failure to show for your reserved time will be applied.

## **Arrival**

We suggest that you arrive 5 minutes before your appointment time to sign in.

## **Late Show**

As a courtesy to following clients, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

## **Prices & Gratuities**

We accept all major credit cards, Interac, and traveler's checks. Our staff takes great pride in treating you with great pleasure, professionalism and integrity. If you were pleased with your services gratuity is always appreciated and should be your personal choice based upon the enjoyment of your spa experience. An amount between 15-20% of your Spa services is "customary."

## **Gift Certificates**

Rodd Spa Boutique staff will be pleased to provide recommendations for a gift of health, relaxation and beauty to fit any taste and personality. Gift certificates may be purchased at the Spa desk at any resort outlet, or at [www.roddvacations.com](http://www.roddvacations.com).

## **Cell Phones**

In consideration of our guests, we ask that you turn off your cell phone and/or pager before entering the Spa.

## **Valuables**

Rodd Spa Boutique is not responsible for damage or loss of your personal belongings. Our recommendation is not to bring valuables to the Spa.

## **Children**

All spa guests must be 16 or older to schedule a treatment. Younger guests will need to have a parent present for their treatment.