

CHEF  
*Gawston*  
Catering



# Breakfast & Breaks

	<b>Breakfast and Breaks</b>	Guests	Price
	(Excluding service fees & taxes)	(Minimum)	(Per person)
1	<b>Hot Breakfast</b>	25	\$18.95
	Scrambled Eggs Bacon, Ham & Sausages Sautéed Potatoes Fresh Fruit Salad Mini Croissants Coffee, Tea, Juices		
2	<b>Express Hot Breakfast</b>	20	\$16.95
	Breakfast Wraps Vegetarian (Eggs, Roasted Vegetables & Cheese) Meat (Eggs, Bacon, Cheese & Green Onions) Sautéed Potatoes Fresh Fruit Tray Assorted Fruit Juices Coffee & Tea		
3	<b>Continental Breakfast</b>	15	\$11.95
	Assorted Homemade Pastries Fresh Fruit Tray Assorted Fruit Juices Coffee & Tea		
4	<b>Morning Break "A"</b>	10	\$8.45
	Muffins Tea Biscuits Cinnamon Rolls Croissants w. Jam		
5	<b>Morning Break "B"</b>	10	\$8.45
	Coffee Cakes (Banana, Carrot, Spice etc.)		

6	<b>Healthy Break "A"</b>	10	\$8.45
	Cookies Granola Bars Grapes		
7	<b>Healthy Break "B"</b>	10	\$8.45
	Cheese Grapes Crackers		
8	<b>Healthy Break "C"</b>	10	\$9.95
	Hummus Vegetable Tray Toasted Pita Points		

## Luncheons – Hours 11h00am – 2h30pm

	(Excluding Service fees & taxes)	Guests (Minimum)	Price (Per person)
1	<b>"The Lunch Express"</b>	12	\$16.95
	Soup du Jour Assorted Sandwiches Veggie Tray Cream Puffs (2)		
2	<b>"The Healthy Bite"</b>	12	\$16.95
	Assorted Wraps Garden Salad Greek Salad Fruit Tray		

3	<b>"The Italian"</b>	12	\$19.95
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Rolls  
Caesar Salad  
Meat Lasagna  
Cookies (2)

4	<b>"The Parmesan"</b>	12	\$19.95
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Rolls  
Garden Salad  
Chicken Parmesan  
Seasonal Vegetables  
Roasted Potatoes  
Assorted Mini Tartelettes

5	<b>"The Picnic"</b>	12	\$18.95
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Rolls  
BarBQ Chicken Breast  
Pasta Salad  
Greek Salad  
Caesar Salad  
Fruit Tray

6	<b>The Popular"</b>	12	\$20.95
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Rolls  
Caesar Salad  
Baked Chicken Rosemary  
Braised Beef & Mushrooms  
Sautéed Vegetables  
Rice Pilaf  
Mini Cream Puffs (2)

7	<b>"The Gluten Free"</b>	12	\$19.95
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Spinach Salad  
Baked Moroccan Chicken  
Sautéed Vegetables  
Roasted Potatoes  
Fruit Tray

8 **"The Monctonian"** 12 \$19.95

Rolls  
Caesar Salad  
Rst. Vegetable Stuffed Chicken  
Seasonal Vegetables  
Basmati Rice  
Assorted Mini Tarts

9 **"The Maritimer"** 12 \$20.95

Rolls  
Garden Salad  
Seafood Casserole  
Rice Pilaf  
Cream Puffs (2)

10 **"The Atlantic"** 12 \$38.95

Garden Salad  
Lobster Roll  
Seafood Chowder  
Assorted Sweets

11 **"The Meat Lover"** 12 \$19.95

Rolls  
 Garden Salad  
 Roasted Pork Loin  
 -with Mushroom Thyme Demi  
 Sautéed Vegetables  
 Mashed Potatoes  
 Assorted Squares

1 **CUSTOMIZED MENU** Ask us to create a special menu for that  
 2 very special event.

**\*\* Additional \$5 per person is applicable to any luncheon menu made for dinner**

### Bar-B-Q

**1 Cold Side buffet** **Guest min 25** **\$12.95 /person**

Multigrain Rolls  
 Caesar or Garden Salad  
 California Broccoli  
 Potato Salad  
 Pasta Salad  
 Tomatoes & Cucumbers  
 Fresh Fruit Tray

2 **From the Grill...** (minimum 10 persons per item) **Add / each**

Bar B-Q Chicken	\$14.95
8 ounce New York Steak	\$18.95
Hamburgers or Veggie Burgers	\$6.95
Chicken Breast Burger	\$8.95
Hot Dogs	\$5.00
Sausage w/Bun	\$6.95
Bar BQ Pork Ribs (1/2 Rack)	\$19.95
Salmon Filet (6 oz)	\$18.95
Seafood Brochettes (Salmon, Shrimp & Scallops)	\$17.95
Shrimp (3) & Scallop (3) Skewers	\$9.95
Vegetable Skewers	\$5.95
Baked Potatoes	\$3.50
Corn on the Cob	\$3.50
Cold Beverages (Pop, Juices or Water)	\$2.95

## Dinner Buffets

**Dinner Buffets**

Guests

Price

(Excluding service fees & taxes) (Minimum) (Per person)

**1 The Thrifty 30 \$31.45**

	Rolls & Butter
Salads	Caesar California Broccoli Rainbow Pasta
Trays	Fresh Fruit Vegetables & Dip
Hot items	Roasted Rosemary Chicken Braised Beef, Mushrooms & Peppers Rice Pilaf
Dessert	Chef's Selection
Beverages	Coffee and Tea

**2 The Executive 30 \$34.45**

	Rolls & Butter
Salads	Greek Garden Rainbow Pasta
Trays	Fresh Fruit Vegetables & Dip
Hot items	Baked Moroccan Chicken Curried Mango Pork Seafood Casserole Rice Pilaf
Dessert	Chef's Selection
Beverages	Coffee and Tea

**3 The Corporate 30 \$37.45**

	Rolls & Butter
Salads	Greek Garden

Rainbow Pasta  
California Broccoli

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Trays	Fresh Fruit Vegetables & Dip
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Hot items	Shrimp & Scallop Pesto Pasta Braised Beef, Mushrooms & Peppers Chicken Parmesan Rice Pilaf
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Dessert	Chef's Selection
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Beverages	Coffee and Tea
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<b>4 The Monctonian</b>	<b>30</b>	<b>\$41.45</b>
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	Rolls & Butter
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Salads	Greek Garden Rainbow Pasta California Broccoli
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Trays	Fresh Fruit Vegetables & Dip Imported Cheese & Crackers
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Hot items	Blackened Salmon Curried Mango Pork Baked Moroccan Chicken Seafood Casserole Rice Pilaf Roasted Fingerling Potatoes
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Dessert	Chef's Selection
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Beverages	Coffee and Tea
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<b>5 The Deluxe</b>	<b>30</b>	<b>\$43.50</b>
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	Rolls & Butter
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Salads	Caesar Rainbow Pasta Greek Salad California Broccoli
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Trays	Fresh Fruit Vegetables & Dip Imported Cheese & Crackers
Hot items	Prime Rib of Beef Blackened Salmon Baked Moroccan Chicken Seafood Casserole Rice Pilaf Roasted Fingerling Potatoes
Dessert	Chef's Selection
Beverages	Coffee and Tea

## Cocktail Receptions

Note: A Non Alcoholic Punch is available @ \$1.50 per person

Cocktail Receptions (Excluding service fees & taxes)	Guests (minimum)	Price (Per Person)
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<b>1 The Corporate</b>	<b>30</b>	<b>\$21.00</b>
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Trays	Assorted Cheese & Crackers Fresh Fruit Vegetables & Dip
Hot Finger Foods	Bar-B-Q Meat Balls Chicken Wings
Sweets	Chocolate Dipped Bananas Chocolate Drizzled Cream Puffs

<b>2 The Executive</b>	<b>30</b>	<b>\$26.50</b>
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Trays	Assorted Cheese & Crackers Fresh Fruit Vegetables & Dip
	Aioli Chicken Canapés

Cold Hors D'oeuvres	Baby Shrimp Canapés Roasted Vegetable Canapés		
Hot hors D'oeuvres	Mini Quiches Lorraine Bacon wrapped Scallops Cajun Jumbo Shrimp Skewers Chicken Satays		
Sweets	Chocolate Dipped Mini Pretzels Chocolate Drizzled Cream Puffs		
<b>3 The Deluxe</b>		<b>30</b>	<b>\$29.50</b>
Trays	Assorted Cheese & Crackers Fresh Fruit Vegetable Tray with Dip		
Cold hors d'oeuvres	Smoked Salmon Canapés Lobster Salad Mini Pita Scallop Dijonnaise Canapés Brie, Cashew & Cranberry in Filo		
Hot hors d'oeuvres	Bacon wrapped Scallops Sweet Chili Shrimp with Cilantro Mini Lobster Quiches Chicken Satays		
Sweets	Chocolate Dipped Strawberries Chocolate Drizzled Cream Puffs		
Punch	A Non Alcoholic Punch is available @ \$1.50 per person		

## Hors d'oeuvres

**Hors d' Oeuvres Trays**  
(Excluding delivery fees & taxes)

Quantity

Price

<b>Shrimp Cocktail – Jumbo</b>	50	\$115.00
	75	\$160.00
	100	\$195.00
	150	\$280.00

**Hors d' Oeuvres**  
(Excluding delivery fees & taxes)

Quantity  
(Minimum)      Price  
(Per dozen)

**Cold**

Aioli Chicken Canapés	3 doz.	\$17.95
Smoked Salmon Devilled Eggs	3 doz.	\$18.95
Baby Shrimp Salad Canapés	3 doz.	\$16.95
Roasted Vegetables Canapés	3 doz.	\$16.95
Citrus Marinated Jumbo Shrimp and Asparagus Skewers	3 doz.	\$24.95
Thai Chicken Canapés	3 doz.	\$17.95
Jumbo Shrimp Canapés	3 doz.	\$19.95
Cranberrie, Brie, cashew Canapés	3 doz.	\$18.95
Smoked Salmon Canapés	3 doz.	\$20.95
Scallop and Roasted Red Pepper Canapés	3 doz.	\$20.95
Tomato Marguerita Crostinis	3 doz	\$17.95

**Hot Hors d' Oeuvres**  
(Excluding delivery fees & taxes)

Quantity  
(Minimum)      Price  
(Per dozen)

Bacon wrapped Bar-BQ Meat Balls	3 doz.	\$17.95
Chicken Wings	3 doz.	\$20.95
Mini Vegetarian Quiches	3 doz.	\$18.95
Mini Quiches Lorraines	3 doz.	\$19.95
Sweet Chili Shrimp with Cilantro	3 doz	\$20.95
Cranberry Glazed Meat Balls	3 doz.	\$12.95
Chicken Satays w. Peanut sauce	3 doz.	\$19.95

Bacon wrapped Scallops	3 doz.	\$25.95
Cajun Jumbo Shrimp Brochettes	3 doz.	\$21.95
Mini Lobster Quiches	3 doz.	\$32.95
Mushroom Duxelle Crostini with Smoked Gouda	3 doz.	\$18.95

<b>Sweets</b> (Excluding delivery fees & Taxes)	Quantity (Minimum)	Price (Per dozen)
Assorted Homemade Squares	3 doz.	\$19.95
Belgium Chocolate Dipped Strawberries	3 doz.	\$17.95
Belgium Chocolate Dipped Pretzels	3 doz.	\$14.95

## Sit-Down Dinners

<b>Sit Down Dinners</b> (Includes Salad, Dessert and Beverage) (Excluding service fees & taxes)	Guests (Minimum)	Price (Per person)
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<b>Chicken Cordon Bleu</b>	<b>20</b>	<b>\$38.95</b>
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Boneless breast of Chicken stuffed with Black Forest Ham & Swiss Cheese, breaded, deep fried and baked. Served with steamed Vegetables and Potatoes.

<b>Chicken Rosemary</b>	<b>20</b>	<b>\$36.95</b>
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Specially marinated to enhance the flavor, roasted slowly in our ovens to retain the natural juices. Served with steamed Vegetables and Potatoes. A proven favorite.

<b>Chicken Atlantic</b>	<b>20</b>	<b>\$42.95</b>
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Boneless breast of Chicken stuffed with Spinach leaves, Lobster and Cheeses, then baked. Served with a creamy White Wine Sauce, steamed Vegetables and Potatoes.

<b>Chicken Rockwelz</b>	<b>20</b>	<b>\$36.95</b>
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Boneless breast of Chicken stuffed with Broccoli, Roasted Red Peppers and Cheddar Cheese. Served with a Creamy Herb-Tomato Sauce, steamed Vegetables and Potatoes.

<b>Turkey- Roast Dinner</b>	<b>20</b>	<b>\$33.95</b>
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Prepared in the traditional way, White and Dark meat served on Sage Dressing, topped with a home style pan gravy and served with steamed Vegetables and Potatoes

<b>Beef – Prime Rib</b>	<b>20</b>	<b>\$40.95</b>
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The finest cut of Western Beef available, slowly roasted to your taste and served with it's natural juices, Yorkshire Pudding, sautéed Vegetables and Potatoes.

<b>Beef – Roasted Top Sirloin</b>	<b>20</b>	<b>\$34.95</b>
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Slow Roasted Top Sirloin of Beef, slices and served laced with a Red Wine Demi, sautéed Vegetables and Potatoes.

<b>Salmon Florentine</b>	<b>20</b>	<b>\$38.95</b>
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Boneless filet of fresh Atlantic Salmon wrapped in Spinach leaves and steamed. Served topped with a Creamy Lemon Sauce, Vegetables and Rice Pilaf.

## Assorted Trays

### Assorted Trays

(Excluding service fees & taxes)

	Quantity	Price
<b>Sandwiches</b>		
Beef, Black Forest Ham, Smoked Turkey, and more prepared on a variety of breads.	Sm. (7)	\$42.95
	Med.(10)	\$57.95
	Lg.(15)	\$78.95
<b>Wrap Sandwiches</b>		
Beef , Black Forest Ham, Smoked Turkey or Vegetarian wrapped in a flour Tortilla with shredded vegetables and cheeses.	Sm. (7)	\$42.95
	Med.(10)	\$57.95
	Lg.(15)	\$78.95
<b>Vegetables &amp; Dip</b>		
Broccoli, Cauliflower, Carrots, Tomato, Cucumber, etc. Served with a tasty Dip.	Small (7)	\$31.95
	Med (10)	\$42.95
	Large (15)	\$56.95

### Cheese

Canadian Cheddar, Jarlsberg Swiss, Baby Gouda, etc..	Small (7)	\$37.95
Selection may vary, depending on availability	Med (10)	\$49.95
	Large (15)	\$59.95

### Fresh Fruit

Cantaloupe, Honeydew, Grapes, Pineapple, Strawberries and Watermelon etc.	Small (7)	\$31.95
	Med (10)	\$42.95
	Large (15)	\$56.95

### Pastries

Muffins, Sweet breads, Tea Biscuits etc..	10 pcs.	\$34.95
	16 pcs.	\$47.95
The right choice for your next morning meeting!	22 pcs.	\$59.95

### Sweets

	15 pcs.	\$34.95
Perfect assortment of delicious Squares.	25 pcs.	\$47.50
	40 pcs.	\$59.95

### Chocolate Dipped Strawberries

Strawberries dipped in Belgium Chocolate.	20	\$29.95
Our Signature Item....don't miss out!	40	\$52.95
	60	\$74.95

## Beverages

Cold	Guests (Minimum)	Price (Per person)
Assorted Juices		\$2.85
Soft Drinks (Pepsi products)		\$2.85
Milk (2%)		\$2.85
Bottled Water (Aquafina)		\$2.85
Non-Alcoholic Punch	25	\$2.25

  

Hot	Guests	Price
Coffee	(10 Cups)	\$24.00
Tea	(10 Cups)	\$24.00

# Ordering Info

## **NO SURPRISES!**

- A 10% service fee will be added to any and all orders (a minimum of \$35.00 to cover the cost of Dishes, Glassware (where required), silverware, utensils, delivery, set-up and clean up. A minimum of \$45.00 will apply for smaller orders.

## **ORDER IN ADVANCE PLEASE!**

- For most events, please book at least 48 hours in advance. For larger events, please provide a minimum of one week notice.

## **FREE CHOCOLATE DIPPED STRAWBERRIES!**

- For any order from our Luncheon Menu that totals more than \$125.00 (before service fee) you will receive Free Chocolate Dipped Strawberries! Valid for orders between 11 am and 2 pm.

## **BARTENDING SERVICES!**

- Bartending service is available for \$35.00/hour. Bar set up fee of \$200.00 for all events requesting a Host Bar or a Cash Bar.

## **PAYMENT METHOD!**

- We accept Cash, Cheque, VISA or MC for payment.

## **PRICING CHANGES!**

- Prices are subject to change without notice but are locked in once an order has been confirmed and a (non refundable) deposit has been received!
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